



Ascot Care Day Club

A Valuable Change of Scenery for People With Care Needs

Our Day Club provides a range of activities with support from our trained care workers, in a relaxing and positive environment.

- TABLETOP GAMES
- MEMORY ACTIVITIES
- PUZZLES
- BINGO
- ARTS AND CRAFTS
- SINGING
- MUSIC PARTICIPATION
- REMINISCENCE
- GENTLE EXERCISE
- BEAUTY PAMPERING
- WALKING

**10.00am to
4.00pm**

Fortnightly Wednesdays

**£45.00 p/p
+ transport fees**

Cooked lunch included

Age UK West Sussex
Brighton & Hove,
Dukes Square,
Denne Road, Horsham



Talk to us today on
01403 218511

or visit ascotcare.com

6 Kings Court, Harwood Road,
Horsham, West Sussex, RH13 5UR