



The pandemic has had a significant impact on people's mental health and has shown us all how important simply talking with other people is and how it enables us to feel connected with others.

The Chatty Café scheme - thechattycafescheme.co.uk - was founded in Manchester and now has over 900 cafés and pubs across the UK registered as Chatty Café venues.

The scheme is very simple: a '***This is a Chatter and Natter table***' card is placed on a designated table in the venue which makes it clear that anyone sitting there is happy to engage in conversation.

The aim is to get people of all ages back socialising, chatting, and to reduce loneliness and isolation.



Cafés and organisations across the district have been contacted to encourage as many as possible to join. Among those taking part are:

- The Bridge Leisure Centre, Broadbridge Heath
- Holbrook Heart Café, St Marks Lane, Horsham
- Muffin Break, Swan Walk, Horsham
- The Pavilions Leisure Centre, Horsham
- Southwater Country Park Café, Southwater

Horsham District Council is keen to get more chatty cafés, particularly in the rural areas of the district. If any café would like to find out more, please contact Claire.Shepherd@horsham.gov.uk.